

# OCTOBER 2021

# LEROY MASSEY ELEMENTARY

# LUNCH



**Cafeteria Manager: Terri Maynor**

**Menu is subject to change due to product availability.**



**October is National Apple Month.** Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?

*This institution is an equal opportunity provider.*



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY



BBQ Sandwich OR  
Old Fashion Hamburger  
Slaw & Lettuce/Tomato/Pickle  
Baked Beans  
Roasted Potatoes  
Choice of Fruit & Milk **1**

Hamburger  
Fries  
Baked Beans  
Lettuce/Tomato/Pickles  
Fruit  
Choice of Milk **4**

Chicken Nuggets OR  
Spicy Chicken Nuggets  
Roll  
Mac & Cheese & Cream Potatoes  
Pinto Beans  
Choice of Fruit & Milk **5**

Cheese sticks w/ Marinara  
Fresh Garden Salad  
Roll  
Fresh Veggie Cup w/ Ranch  
Fruit  
Choice of Milk **6**

Grilled Hotdog OR  
PB&J w/ string cheese  
Potato Smiles  
Slaw  
Chili  
Fruit & Choice of Milk **7**

TEACHER WORKDAY **8**

FALL BREAK **11**

FALL BREAK **12**

FALL BREAK **13**

FALL BREAK **14**

FALL BREAK **15**

Pepperoni OR Cheese Pizza  
Salad  
Corn  
Veggie Cup w/ Ranch  
Carrots/Broccoli/Cauliflower  
Choice of Fruit & Milk **18**

Steak Nuggets w/ Roll OR  
Fish w/ Hushpuppies  
Green Beans  
Slaw  
Sweet Potato Tots  
Choice of Fruit & Milk **19**

Chicken & Waffles OR  
Pancakes w/ Sausage  
Roasted Potatoes  
Yogurt Cup  
Syrup  
Choice of Fruit & Milk **20**

Chili Frito Pie OR  
Chili Cheese Tots  
Garden Salad  
Veggie Cup w/ Ranch  
Cinnamon Roll  
Choice of Fruit & Milk **21**

Quesadilla OR Burrito  
Lettuce/Tomato  
Refried Beans  
Corn  
Choice of Fruit  
Choice of Milk **22**

Chicken Tenders w/ Roll  
Cream Potatoes  
White Beans  
Broccoli w/ cheese  
Carrots  
Fruit & Choice of Milk **25**

Teriyaki Chicken w/ Rice OR  
Asian Chicken w/ Rice OR  
Chicken Nugget w/ Rice  
Fortune Cookie/Egg Roll  
Stir Fry Veggies  
Fruit & Choice of Milk **26**

Sausage Biscuit OR  
Steak Biscuit  
String Cheese  
White Gravy & Hashbrowns  
Yogurt Cup  
Fruit & Choice of Milk **27**

Corndog OR  
PB&J w/ string cheese  
Chips & Cookies  
Carrot Sticks w/ ranch  
Icее  
Fruit & Choice of Milk **28**

Grilled Cheese Sandwich OR  
PB&J w/ string cheese  
Chips & Cookies  
Carrot sticks w/ ranch  
Sherbet  
Fruit & Choice of Milk **29**